

City of Duluth Parks & Recreation

Spring Break Activities

Monday-Friday, April 6-10

Rain or shine!

Heritage Sports Center

120 S. 30th Avenue West

10:00-Noon

Non- Traditional Sports

Skill Introductions and Play Time
ON THE INDOOR TURF !

Monday: **Kick Ball** w/Boys and Girls Club

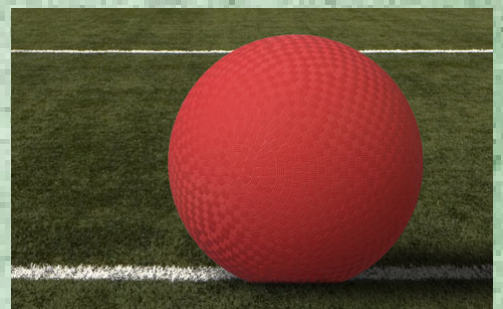
Tuesday: **Ultimate Frisbee** w/UMD Mens

Northern Lights, UMD Women's LakeEFFECT Teams

Wednesday: **Lacrosse** w/UMD Mens Team

Thursday: **Rugby** w/YMCA Rookie Rugby

Friday: **Disc Golf** w/area course enthusiasts!



2:00 – 4:00

Family Skating

Bring your skates

(limited skates available for use)



All activities are **FREE** and open on a
first come - first served basis. Equipment goes fast!

For more information call 218-730-4322

